



Podcast · In planning

Aletheia Voices

Honest conversations about health, systems and speaking up.

Youth-Led Action

Taboo Uplift

Diverse Voices

Honest conversations about health, systems and speaking up.

podcast

What it is

Aletheia Voices is our youth-led podcast exploring health, systems and advocacy through lived experience, leadership and honest conversation. Some episodes are conversations within the *Aletheia* team, between our director and executive members; others bring in guests who work across health, education, policy and community.

Why it matters

Young people rarely get to ask decision-makers the questions they actually have, and leaders rarely hear young people speak freely. Each episode is thoughtful but accessible, sharing personal perspectives alongside insight into how systems can better support young people.

For guests

Episodes are recorded in person at the Boroondara Youth Hub studio space in Hawthorn, or online. Guests help shape the conversation: you tell us the themes you'd enjoy exploring, what's often misunderstood about your work, and anything you'd prefer not to discuss. You can raise any concerns after recording.

Who we talk to

Health practitioners

Researchers

Policymakers

Youth workers

Advocates

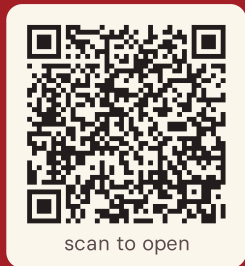
Young people with lived experience

Where it's at

In planning. We're filming our first episodes now.

get involved

Want to be a guest, or suggest one? Fill in the Aletheia Voices Guest Form. Organisations interested in partnering on an episode can reach us through the Partnership & Sponsorship Enquiry form.



Be a guest →

Partner on an episode →



The Aletheia Project · Health. Voice. Empowerment.

thealetheiaproject.org · contact@thealetheiaproject.org · [@aletheia.au](https://www.instagram.com/aletheia.au)

Health education, not medical advice. We acknowledge the Wurundjeri Woi-wurrung people of the Kulin Nation, where Aletheia was founded. Sovereignty was never ceded.