



Youth decision-making

Youth consultation

Bringing young people's voices into the rooms where decisions are made.

Youth-Led Action

Diverse Voices

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*youth decision-
making*

What it is

We ask young people what they need, then build it with them, not for them. We also work with youth organisations, councils and government to bring youth perspectives into health and education decision-making, so the people most affected by a policy help shape it.

Organisations can request Aletheia's input directly, drawing on our executive team and our youth networks.

Why it matters

Young people are often consulted too late, in language that doesn't suit them, or not at all. As a youth-led organisation, we can reach young people other organisations find hard to reach, and pass on what they say honestly.

How we consult

- ✦ Surveys and polls through our community and @aletheia.au
- ✦ Roundtables and focus groups (see Youth roundtables)
- ✦ Co-design sessions for new Aletheia resources
- ✦ Written submissions and policy input to government and youth bodies
- ✦ Speaking on panels and in networks, such as YACVic's Young People's Policy Network
- ✦ Meetings with decision-makers, such as our visit to Parliament with Aiv Puglielli MP in May 2026

Our principles

Young people take part by choice, and their consent is ongoing. Responses are anonymous unless they choose otherwise. We tell participants what happened with their input. Consultations with under-18s follow our Child Safety and Wellbeing Policy.

Who it's for

Young people who want a say, and organisations that want to hear from them.

Where it's at

Ongoing. We've brought youth perspectives to **YACVic, PROJECT ROCKIT, City of Boroondara and VicSRC**, among others.

get involved

Organisations can request Aletheia's input through the Partnership & Sponsorship Enquiry form. Young people can follow @aletheia.au to be the first to hear about new consultations.

Request our input →



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The Aletheia Project · Health. Voice. Empowerment.

thealetheiaproject.org · contact@thealetheiaproject.org · [@aletheia.au](https://www.instagram.com/aletheia.au)

Health education, not medical advice. We acknowledge the Wurundjeri Woi-wurrung people of the Kulin Nation, where Aletheia was founded. Sovereignty was never ceded.